

TAKE THESE **THREE STEPS** TO HELP YOUR PATIENTS BECOME **TOBACCO FREE!**



ASK

Ask every patient about tobacco use at every visit.



ADVISE

Advise every tobacco user to quit with a clear, strong personalized message about the benefits of quitting.



REFER

Refer patients who are ready or considering quitting to the **Hawai'i Tobacco Quitline (HTQL)**.

HOW TO REFER:

1. Visit hawaiiquitline.org.
2. Click on "Health Professionals," and then click on "[Make a Referral](#)" to submit a web referral.
3. Prefer to fax a referral? Download the "[Quitline Fax Referral Form](#)," complete it with your patient, and fax it to 1-800-261-6259.

WHY REFER?

Free Counseling and Nicotine Replacement Therapy

Coaching and NRT combined gives your patient the best chance of quitting.

It Works!

In 2020, HTQL participants exceeded the national goal of 30%, with 37% successfully quitting tobacco use for 30 days at seven-month follow-up.

Patient Updates

As a HIPAA-compliant provider, you will be notified if your patient enrolled in a program, declined services, completed a program, if NRT was shipped, or was unreachable.